

## ☆ ADULT COMPANION-Be understanding, kind, patient,

☆ POSITIVE ROLE MODEL Models honesty, truth, respect for others.

#### ☆ FRIEND AND LISTENER

Maintain open communication, suspend judgements, accept the child as is.

#### ☆ INSTRUCTOR

sincere.

Exposes child to new and challenging opportunites and shares skills and talents.

#### ☆ LIMIT SETTER

Set clear limits for acceptable behavior

"We all need someone who inspires us to do better than we know how."

-anonymous

# Our Goal...

The Crawford County Mentoring Program is designed to provide one-onone guidance to youth who are in need of a positive role model. The goal is to provide at-risk youth with adult mentors who will help youth succeed. The mentor will develop a positive and trusting relationship with the youth in order to provide support, guidance, consistency, and stability. The mentor will give the individual attention to the youth while exposing the youth to new and positive experiences in order to enhance self-esteem, improve social skills, and encourage positive problemsolving skills.

## Contact us:

For Youth:

# Amy Mitchell

UW Extension | Mentorship Coordinator 225 N. Beaumont Rd #240, Prairie du Chien, WI 53821 608.326.0224 amy.mitchell@wisc.edu

### For Adults:

## Erica Counter or Linda Redman

Juvenile Court Clerk | Mentorship Coordinator 220 N. Beaumont Rd., Prairie du Chien, WI 53821 608.326.1187

Erica.counter@wicourts.gov linda.redman@wicourts.gov



# Crawford County

# Mentorship Program



"Be a Mentor to others. Your most important legacy is preparing new leaders to carry on your goals."

-Ellen Sauerbrey

220 N. Beaumont Rd Prairie du Chien, WI 53821

TRAINING LEARN PRACTICE GUIDING
LEADERSHIP SEMICHARS INSPIRE HELP SUCCESS
SKILLS WORKSHOPS CAREER
MENTOR
METHOD WORK PEOPLE GOALS
METHOD WORK PEOPLE GOALS  DIRECTION PROGRAM
MOTIVATE COACH MENTORING

# Mentor Application Name:

Phone Number:	
Address:	

Date of Birth: \_\_\_\_\_

Employment:

Supervisor:

Have you ever been convicted of a crime?\_\_\_\_\_

Do you currently have any criminal charges against you?\_\_\_\_\_

How did you hear about the Crawford County Mentorship Program?

Why do you want to become a mentor?

\*If you are interested in becoming a mentor, please fill out the brief application and return to the address provided. A full application & background check will be completed upon approval of the coordinators. A valid driver's license, proof of insurance and 3 personal references are required.\*

# Program Design & Content

## Who can be a mentor?

A mature adult (18 or older) who is willing to invest 4-8 hours a month with a youth. Each mentor is expected to make a one year commitment to the youth. Mentors must pass a crimingal check, DMV check, and child welfare background check. Mentors must also provide 3 personal references and auto insurance since they will be transporting youth.

## Who qualifies for a mentor?

- A referral to the Mentor Program may be made for any youth between the ages of 6-17 experiencing adversity, or who would benefit from the connection and positive outcomes gained when matched with a mentor.
- Youth and parent(s) who are willing to participate and want a mentor.

### <u>Duties and Responsibilites of a</u> <u>Mentor:</u>

- ☆ Increase self-esteem by strengthening academic, social, emotional, and personal skills.
- Increase protective factors such as social competence, sense of purpose, resiliency in the face of adversity, and problemsolving skills.
- Improve peer and adult relations, dependability, and productivity.

- ☆ Offer a safe place by building a supportive and trusting relationship.
- ☆ Be a Good Listener.

## Benefits of Being a Mentor:

- Develop a friendship with a terrific young person.
- Experience a sense of giving back to your community.
- Being a part of the solution: reducing truancy, substance abuse, and suicide rates among youth.
- Embrace an opportunity to meet a challenge and make a difference.
- Flexibility to meet your schedule: meet during lunch, after school, weekends, involove other family members.

### **Required Mentor Trainings:**

- Mentors are required to complete an online training prior to being matched. This training spans on all stages of, movtivations, expectations, and your role as a mentor. It is our hope that it will better prepare mentors for a positive experience.
- Menor orientation is designed to introduce the skill, experience, knowledge, and emotional support needed in order to work effectively with our youth and their unique backgrounds.